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learn and grow together



Sara Willms

Master of Social Sciences with an emphasis on sociology, education, labor law and human resources, University of Göttingen.

Dialogic Consulting, Integral Gestalt Approach. Reinhard Fuhr; Martina. Gremmler-Fuhr.

Certified Coach.

Immunity to Change Approach. Prof. Robert Kegan; Dr. Lisa Lahey, Minds at Work. Cambridge MA.

Certified to use The Leadership Circle-Assessments. Member of the Leadership Circle Certification Coach Pool.

Trained in Growth Edge Coaching by Jennifer Garvey Berger, Cultivating Leadership.

Qualified practitioner for the Myers-Briggs Type Indicator (MBTI) Step I and II.

Sara works as Coach and Communication trainer with her focus on personal development.

Sara is teaching communication that will help to move the agenda forward and deepen relationships at the same time. In her coaching she helps to turn difficult conversations into joint learning and development. In her work she builds on her profound education of dialogue oriented counseling. She learned from pioneers in the field of transformative learning and development. In her coaching she supports her clients in achieving their most important goals. Her coaching offers an open and appreciative framework so that her clients can devote themselves to their own development challenges with curiosity and interest. In doing so, she helps to transform difficult challenges into exciting learning and development opportunities.

Prior to becoming an independent consultant Sara had a leadership position at an Health Care Institut. She was responsible for a team developing tools and instruments that fit to different healthcare systems and cultures in Europe and international. Among others she and her team developed and implemented a comprehensive integrated Quality Management System for reproductive health services in Kenya.

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